

Michaiah Dominguez

PUBLIC FIGURE, THERAPIST, AUTHOR

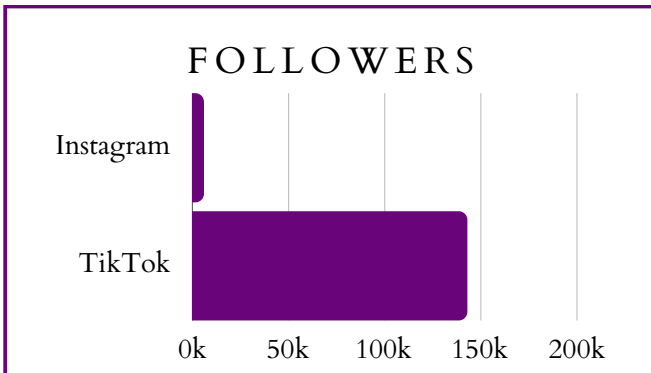
About me

Michaiah is not just a therapist; she is a compassionate storyteller known for her relatable humor, compassionate spirit, and down-to-earth wisdom. By seamlessly weaving personal narratives of love, loss, and rebirth with clinical expertise, Michaiah empowers individuals to navigate life's challenges with confidence, courageousness, and grace. In addition to conferences, retreats, and presentations, Michaiah has cultivated a thriving community on social media.

Now, joining the MTV family, Michaiah continues to bring her vibrant personality and therapeutic insights to an even broader audience. Her recent endeavors with the network showcase her commitment to breaking down barriers and bringing honest and vulnerable discussions to the forefront, all while keeping it lighthearted and relatable.



@MICHAIAH.LIFE



Women



NYC, ATL,
Chicago,
Houston



Ages
25-44



Engagement



PUBLIC FIGURE | THERAPIST | AUTHOR

Michaiah Dominguez

WWW.MICHAIAH.LIFE



the knot

POPSUGAR.



*INNER
WORK*

- SELF-LOVE & RESPECT
- FIGHTING PERFECTIONISM
- STRENGTHENING YOUR FAITH

*HEALTHY
CONNECTIONS*

- VULNERABLE COMMUNICATION
- EMOTIONAL INTIMACY
- ENHANCING PLEASURE

*LIFE
TRANSFORMATION*

- FLOURISHING UNDER FIRE
- COURAGEOUS ACTION
- LIFE AFTER LOSS